

**POSITION DESCRIPTION**

<b>Position</b>	<b>Exercise Physiologist</b>
<b>Department</b>	Healthy Connections Gymnasium
<b>Mission Statement</b>	To improve the health, fitness and wellbeing of all who are associated with Healthy Connections Gymnasium
<b>Reports to</b>	Burnie Brae Centre CEO
<b>Salary Status</b> <b>Hours of work</b> <b>Superannuation</b>	As negotiated Full Time As required 9% Employer funded – Choice of fund allowed
<b>Purpose of Position</b>	To help develop, implement and promote the services, facilities and programs provided by Healthy Connections to benefit all members and meet the goals of the organisation.
<b>Qualifications</b>	<ul style="list-style-type: none"> <li>• Hold tertiary qualifications in Exercise Physiology, Human Movement or equivalent</li> <li>• Hold registration with ESSA and have accreditation (EPA)</li> <li>• Current First Aid Certificate</li> <li>• Drivers Licence – C class</li> </ul>
<b>Competencies</b>	<ul style="list-style-type: none"> <li>• Demonstrated understanding of contemporary theory and evidence based practice</li> <li>• Well developed fitness appraisal, leadership and class instruction skills.</li> <li>• Good computer skills</li> <li>• Be Passionate, Energetic &amp; Self Driven</li> <li>• Have Outstanding Interpersonal &amp; Communication Skills</li> <li>• Portray a Strong Desire to make a positive impact on the health behaviour of others</li> </ul>
<b>Position Duties</b>	<ul style="list-style-type: none"> <li>• To conduct fitness assessments and prescribe exercise programs for Healthy Connections Gym members.</li> <li>• Work with other health professional to develop programs for shared clients</li> <li>• Supervision of the gymnasium area.</li> <li>• Conducting fitness activities/classes as required.</li> <li>• Ensuring the maintenance of all Healthy Connections Gym equipment.</li> <li>• Other duties as required by Management of Burnie Brae Centre.</li> </ul>



Accredited Exercise Physiologist – Full Time / Part Time

Healthy Connections gymnasium is currently looking for a motivated and **Accredited Exercise Physiologist** to join our team. Healthy Connections is part of the Burnie Brae Centre which has over 25 years of experience providing support to the community. It is a multi-faceted organisation focusing on promoting and maintaining health and improving quality of life for Senior's and people with a disability.

We will provide an environment to further develop your clinical exercise prescription skills. You will enjoy a busy and demanding professional environment. We have a varied client base, from healthy populations to chronic disease management. Your role will include delivery of exercise based interventions for clients.

Accredited Exercise Physiologists that are highly motivated, possess superior organisational and communication skills, with demonstrated problem solving capability are encouraged to apply for the role.

We offer a competitive package which include generous tax advantages (as a Public Benevolent Institute) and professional development support.

#### **General duties include**

- Completing physical assessments, developing care plans and implementing clinical interventions for frail/aged and disabled clients
- Reviewing existing exercise programs and implementing best practice recommendations
- Educating clients and staff in applicable areas of health and wellness
- Working with other health professionals to develop programs for shared clients

#### **To be successful in this role you will need:**

- To be an accredited Exercise Physiologist with ESSA
- Hold a current QLD driver's licence
- Experience working with Seniors/ Frail/ Disabled clients is preferred but not essential
- You will have experience with demonstrated advanced programming and clinical reasoning skills

See advertisement as listed on MYCAREER.COM.AU

<http://mycareer.com.au/search/jobs/qld/brisbane/?s=777&sq=exercise+physiologist>