



**ZUMBA®**  
GOLD

# *Zumba Gold*

is starting at  
**Burnie Brae Centre**  
**Chermside**

## **Ph: 3624 2100**

All are welcome to come and join the fun and get fit at the same time. Our fully accredited instructor will help you with all the moves.

**60 Kuran Street, Chermside**

**Date: Wednesday 28th September**

**Time: 8am-9am**

**Cost: \$4.00**

- ✓ Zumba Gold is specifically designed for the active older adult.
- ✓ Zumba Gold is all about safety.
- ✓ Great for beginners.

