

Centre Activities Holiday Closures

	Times	Cost	Finishes 2023	Restarts 2024
MONDAY				
Zumba	7:30am – 8:30am	\$10.00	11 December	8 January
Art	8:45am – 11am	\$15.00	11 December	8 January
Aqua Aerobics	11:10am – 12pm	\$10.00	18 December	15 January
Mahjong	12:30pm – 3:30pm	\$5.00	11 December	8 January
Line Dancing Beginners Easy High Beginners High Beginners/Improvers	9am – 9:30am* 9:30am – 11am 11am – 12pm <i>*note time changed</i>	\$10.00	11 December	15 January
Standing Pilates	1pm - 2pm	\$10.00	11 December	8 January
Clogging	6pm - 9pm	\$10.00	11 December	8 January
TUESDAY				
Fit Moves	8am - 9am	\$10.00	12 December	23 January
Yoga	9:15am – 10:15am	\$10.00	14 December	23 January Note: changing from Thursdays to Tuesdays
Cards 500	9am – 12pm	\$5.00	12 December	9 January
Knitting & Crochet Group	9:30am – 12pm	\$5.00	12 December	9 January
Scrabble	9:30am - 1pm	\$5.00	12 December	9 January
Singing Group	11:45am – 12:45pm	\$10.00	28 November	9 January
Cribbage	12:30pm – 3:30pm	\$5.00	12 December	9 January
Ukulele Beginners Jam Session	1pm – 1:30pm 1:30pm – 2:30pm	\$10.00 <i>Per class or both for \$15.00</i>	12 December	27 February
WEDNESDAY				
Dance Fitness	7am – 7:45am	\$10.00	13 December	10 January
Zumba	8am - 9am	\$10.00	13 December	10 January
Mahjong	9am - 12pm	\$5.00	13 December	10 January
Aqua Aerobics	11:10am - 12pm	\$10.00	20 December	3 January
Indoor Bowls	1pm - 3pm	\$5.00	13 December	10 January
THURSDAY				
Functional Fitness	8am - 9am	\$10.00	14 December	11 January
Carrom	9am - 12pm	\$5.00	14 December	11 January
Bolivia	9am – 1pm	\$5.00	14 December	11 January

THURSDAY				
Bollywood Dance	9:30am – 10:30am	\$15.00	30 November	18 January
Scrabble	9:30am – 1pm	\$5.00	14 December	11 January
Darts (in Respite)	8:30am – 10:30am	\$5.00	14 December	11 January
Core & Balance	11am – 12pm	\$10.00	14 December	11 January
Table Tennis	12:30pm – 3:30pm <i>(note time change)</i>	\$5.00	14 December	11 January
FRIDAY				
Matwork Pilates	7:30am – 8:30am	\$15.00 <i>(note: price rise)</i>	15 December	12 January
Indoor Bowls	9am - 12pm	\$5.00	15 December	12 January
Canasta	10:30am – 1:30pm	\$5.00	15 December	12 January
Aqua Aerobics 11:10am - 12pm		\$10.00	22 December	5 January
Tai Chi (Qigong)	12pm - 1pm	\$10.00	15 December	12 January
Cards 500	12pm - 4pm	\$5.00	15 December	12 January
Square Dancing	1:30pm – 3:30pm	\$15.00	15 December	12 January
Book Club <i>(2nd Monday of each month)</i>	10:30am – 12pm	\$5.00	11 December	8 January
OWN Meeting <i>(2nd Thursday of each month)</i>	9:30am – 11am	\$5.00	14 December	11 January
Friday Night Dance <i>(2nd Friday of each month)</i>	7pm – 10pm	\$10.00	8 December	12 January
Sunday Dance <i>(3rd Sunday of each month)</i>	2pm – 5pm	\$10.00	17 December	21 January
Technology Lessons	Various times, book at Reception.	\$5.00	Friday 15 December	Monday 15 January

Please be advised that our Ballroom dancing classes have unfortunately been ceased due to low numbers.