

Activity Timetable

Burnie Brae

2026 - Version 14

Timetable subject to change. Please confirm on our website or at Reception.

MONDAY

Zumba	7:30am - 8:30am	\$10
Art	8:45am - 11:15am	\$15
Line Dancing <i>Totally new? Start with Raw Beginners</i>		
Beginners Easy	8:45am - 9:40am	\$10 /class
Beginners	9:40am - 10:40am	
Improvers	10:40am - 11:40am	
Raw Beginners	11:45am - 12:45pm	\$10
<i>Booked out - stay tuned</i>		
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Mahjong <i>currently full</i>	12:30pm - 3:30pm	\$5
Standing Pilates	1pm - 2pm	\$10
Table Tennis	3pm - 5:30pm	\$7
Clogging	6pm - 9pm	\$10

TUESDAY

Fit Moves	8am - 9am	\$10
Cards: 500	9am - 12pm	\$5
Yoga	9:15am - 10:15am	\$10
Craft & Chat	9:30am - 12pm	\$5
Scrabble	9:30am - 1pm	\$5
Social Singing Group	10:30am - 12pm	\$12
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Cribbage	12:30pm - 3:30pm	\$5
Ukulele Jam & Lesson	1pm - 2:30pm	\$10

WEDNESDAY

Zumba	8am - 9am	\$10
Mahjong <i>currently full</i>	9am - 12pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Indoor Bowls	1pm - 3pm	\$5

THURSDAY

Functional Fitness	7am - 8am 8am - 9am	\$10 /class
Darts	8:30am - 10:30am	FREE
Carrom	9am - 12pm	\$5
Bollywood Dance	9:30am - 10:30am	\$10
Scrabble	9:30am - 1pm	\$5
Core & Balance	10:50am - 11:50am	\$10
Table Tennis	12:30pm - 3:30pm	\$5
Euchre - Cards	12:30pm - 3:30pm	\$5

FRIDAY

Mat/Standing Pilates	7:30am - 8:30am	\$10
Indoor Bowls	9am - 11:30am	\$5
Canasta - Hand & Foot	10am - 2pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Qigong - Tai Chi	12pm - 1pm	\$10
Cards 500	12pm - 3:30pm	\$5
Square Dancing	1:30pm - 3:30pm	\$15

But wait....there's more!

Board Games 2nd & 4th Monday/month	1pm - 3:30pm	\$5
Book Club 2nd Monday/month	10:30am - 12pm	\$5
Women's Friendship Group 2nd & 4th Thursday/month	9:30am - 11:30am	FREE
Blokes & Banter 3rd Thursday/month	10:30am - 11:30am	FREE
Friday Night Dance 2nd Friday/month	7pm - 10pm	\$10
Sunday Dance 3rd Sunday/month	2pm - 5pm	\$10
Technology Lessons Tuesday Wednesday & Friday	<i>Bookings required</i> 1:30pm - 3:30pm 9am - 3pm	\$5 /session



Subsidised Activities

If you're over 65, you could be eligible for discounted activities through My Aged Care!

Thanks to the Commonwealth Home Support Program (CHSP), you can stay fit, social, and engaged while enjoying reduced-cost activities.*

*Instructor-led activities only - please confirm with us which activities are eligible and the requirements.

Call 3624 2121 or visit burniebrae.org.au/socialsupport

How to Book

Bookings only required for Technology Lessons - call 3624 2121 or visit Burnie Brae Reception. For the rest of the activities, simply come along and pay on entry using cash or card.

Become a Member

Required to join our activities. Sign up for our free or paid membership at Reception, call 3624 2121 or visit burniebrae.org.au/membership.

What to Bring

A water bottle and wear appropriate footwear and clothing for fitness and dance classes (i.e. workout wear/loose fit clothing).

Ukulele classes: own ukulele, music stand, green & grey songbook (see instructor).

Pilates/Yoga/Functional Fitness: yoga mat.

Core & Balance: yoga mat & resistance band.

Dance Classes: enclosed shoes preferred (no thongs/scuffs/sandals)

Art Class: art teacher will advise on supplies after you've attended your first class.

MAIN HALL

60 Kuran Street, Chermshire

Our central activity space for most activities.

Rear Hall: card/board games, art group
Entry next to Café Connect

Activity Room - Main Hall: Technology lessons, Women's Friendship Group, Blokes & Banter, Book Club (or in rear hall, confirm at Reception).

CHERMSIDE POOL

Aqua Aerobics Classes
375 Hamilton Rd, Chermshire

For questions & bookings, visit Reception at 60 Kuran St, Chermshire or call 3624 2121.

More Activity Information

Read our activity description on our website: burniebrae.org.au/activities or follow Burnie Brae on Facebook.

Centre Amenities

Free car parking, disability access, bathrooms, water bottle refill station and onsite café. First Aid Officers at the Centre on weekdays: 8am to 4pm.