

Activity Timetable

Burnie Brae

2026 - Version 12

Timetable subject to change, please confirm on our website or at Reception.

MONDAY

Zumba	7:30am - 8:30am	\$10
Art	8:45am - 11:15am	\$15

Line Dancing <i>Totally new? Start with Raw Beginners</i>		
<i>Beginners Easy</i>	8:45am - 9:40am	
<i>Beginners</i>	9:40am - 10:40am	\$10
<i>Improvers</i>	10:40am - 11:40am	

<i>Raw Beginners</i>		
<i>21 Sept - 16 Nov 2026</i>	11:45am - 12:45pm	\$10
<i>Bookings required, limited space</i>		

Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Mahjong <i>(currently full)</i>	12:30pm - 3:30pm	\$5
Standing Pilates	1pm - 2pm	\$10
Table Tennis	3pm - 5:30pm	\$5
Clogging	6pm - 9pm	\$10

TUESDAY

Fit Moves	8am - 9am	\$10
Cards: 500	9am - 12pm	\$5
Yoga	9:15am - 10:15am	\$10
Craft & Chat	9:30am - 12pm	\$5
Scrabble	9:30am - 1pm	\$5

Singing Group	11am - 12pm	\$12.50
Choir	12pm - 1pm	\$12.50
<i>Attend both for \$20</i>		

Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Cribbage	12:30pm - 3:30pm	\$5
Ukulele	1:30pm - 2:30pm	\$10
Jam Session & Lesson		

WEDNESDAY

Zumba	8am - 9am	\$10
Mahjong <i>(currently full)</i>	9am - 12pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Indoor Bowls	1pm - 3pm	\$5

THURSDAY

Functional Fitness	7am - 8am	\$10
	8am - 9am	
Carrom	9am - 12pm	\$5
Bollywood Dance	9:30am - 10:30am	\$10
Scrabble	9:30am - 1pm	\$5
Darts	8:30am - 10:30am	Free
Core & Balance	10:50am - 11:50am	\$10
Table Tennis	12:30pm - 3:30pm	\$5
Euchre - Cards	12:30pm - 3:30pm	\$5

FRIDAY

Mat/Standing Pilates	7:30am - 8:30am	\$10
Indoor Bowls	9am - 11:30am	\$5
Canasta - Hand & Foot	10am - 2pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Qigong - Tai Chi	12pm - 1pm	\$10
Cards 500	12pm - 3:30pm	\$5
Square Dancing	1:30pm - 3:30pm	\$15

Burnie Brae

But wait... there's more!

Book Club 2nd Monday/month	10:30am - 12pm	\$5
Women's Friendship Group 2nd & 4th Thursday/month	9:30am - 11:30am	FREE
Blokes & Banter 3rd Thursday/month	10:30am - 11:30am	FREE
Friday Night Dance 2nd Friday of each month	7pm - 10pm	\$10
Sunday Dance 3rd Sunday of each month	2pm - 5pm	\$10
Technology Lessons Tuesday Wednesday Friday	Bookings required 1:30pm - 3:30pm 9am - 3pm 9am - 3pm	\$5



Subsidised Activities

If you're over 65, you could be eligible for discounted activities through My Aged Care!

Thanks to the Commonwealth Home Support Programme (CHSP), you can stay fit, social, and engaged while enjoying reduced-cost activities.*

**Instructor-led activities only - please confirm with us which activities are eligible and the requirements.*

Call **3624 2121** or visit **burniebrae.org.au/socialsupport**

How to Book

If the activity states it requires bookings, please call 3624 2121 or visit Reception at 60 Kuran St, Chermshire. For other activities, simply come along and pay on entry using cash or card.

Becoming a Member

You are required to be a member to attend our activities. Join at Reception, phone 3624 2121 or online at burniebrae.org.au/membership.

What to Bring

A water bottle and wear appropriate footwear and clothing for fitness and dance classes (i.e. workout wear/loose fit clothing).

Ukulele classes: own ukulele, music stand, green & grey songbook (see instructor).

Pilates/Yoga/Functional Fitness: yoga mat.

Core & Balance: yoga mat & resistance band.

Dance Classes: enclosed shoes preferred (no thongs/scuffs/sandals)

Art Class: art teacher will advise on supplies after you've attended your first class.

Activity Information

Learn more about each activity on our website: **burniebrae.org.au/activities** or join **Burnie Brae Buzz on Facebook**.

Centre Amenities

Free car parking, disability access, bathrooms, water bottle refill station and onsite café. First Aid Officers at the Centre on weekdays: 8am to 4pm.

MAIN HALL

60 Kuran Street, Chermshire

Our central activity space for most activities.

Rear Hall: card & board games (accessible via Café).

Activity Room - Main Hall: Technology lessons, Women's Friendship Group & Book Club (sometimes in rear hall, confirm at Reception).

CHERMSHIRE POOL

Aqua Aerobics Classes
375 Hamilton Rd, Chermshire

For questions or bookings:

Visit Reception - 60 Kuran St, Chermshire or call 3624 2121.

