

Activity Timetable

Burnie Brae

2026 - Version 14

Timetable subject to change, please confirm on our website or at Reception.

MONDAY		
Zumba	7:30am - 8:30am	\$10
Art	8:45am - 11:15am	\$15
Line Dancing <i>Totally new? Start with Raw Beginners</i>		
<i>Beginners Easy</i>	8:45am - 9:40am	\$10
<i>Beginners</i>	9:40am - 10:40am	
<i>Improvers</i>	10:40am - 11:40am	
<i>Raw Beginners</i> <i>BOOKED OUT - stay tuned</i>	11:45am - 12:45pm	\$10
Aqua Aerobics <i>Arrive at 11am, cash only</i>	11:10am - 12pm	\$11
Mahjong (<i>currently full</i>)	12:30pm - 3:30pm	\$5
Standing Pilates	1pm - 2pm	\$10
Table Tennis	3pm - 5:30pm	\$5
Clogging	6pm - 9pm	\$10

TUESDAY		
Fit Moves	8am - 9am	\$10
Cards: 500	9am - 12pm	\$5
Yoga	9:15am - 10:15am	\$10
Craft & Chat	9:30am - 12pm	\$5
Scrabble	9:30am - 1pm	\$5
Social Singing Group	10:30am - 12pm	\$12
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Cribbage	12:30pm - 3:30pm	\$5
Ukulele Jam & Lesson	1pm - 2:30pm	\$10

WEDNESDAY		
Zumba	8am - 9am	\$10
Mahjong (<i>currently full</i>)	9am - 12pm	\$5
Aqua Aerobics <i>Arrive at 11am, cash only</i>	11:10am - 12pm	\$11
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Indoor Bowls	1pm - 3pm	\$5

THURSDAY		
Functional Fitness	7am - 8am 8am - 9am	\$10
Carrom	9am - 12pm	\$5
Bollywood Dance	9:30am - 10:30am	\$10
Scrabble	9:30am - 1pm	\$5
Darts	8:30am - 10:30am	Free
Core & Balance	10:50am - 11:50am	\$10
Table Tennis	12:30pm - 3:30pm	\$5
Euchre - Cards	12:30pm - 3:30pm	\$5

FRIDAY		
Mat/Standing Pilates	7:30am - 8:30am	\$10
Indoor Bowls	9am - 11:30am	\$5
Canasta - Hand & Foot	10am - 2pm	\$5
Aqua Aerobics <i>Arrive at 11am, cash only</i>	11:10am - 12pm	\$11
Qigong - Tai Chi	12pm - 1pm	\$10
Cards 500	12pm - 3:30pm	\$5
Square Dancing	1:30pm - 3:30pm	\$15

But wait... there's more!

Board Games 2nd & 4th Monday/month	1pm - 3:30pm	\$5
Book Club 2nd Monday/month	10:30am - 12pm	\$5
Women's Friendship Group 2nd & 4th Thursday/month	9:30am - 11:30am	FREE
Blokes & Banter 3rd Thursday/month	10:30am - 11:30am	FREE
Friday Night Dance 2nd Friday of each month	7pm - 10pm	\$10
Sunday Dance 3rd Sunday of each month	2pm - 5pm	\$10
Technology Lessons Tuesday Wednesday Friday	Bookings required 1:30pm - 3:30pm 9am - 3pm 9am - 3pm	\$5



Subsidised Activities

If you're over 65, you could be eligible for discounted activities through My Aged Care!

Thanks to the Commonwealth Home Support Program (CHSP), you can stay fit, social, and engaged while enjoying reduced-cost activities.*

**Instructor-led activities only - please confirm with us which activities are eligible and the requirements.*

Call **3624 2121** or visit **burniebrae.org.au/socialsupport**

How to Book

If the activity states it requires bookings, please call 3624 2121 or visit Reception at 60 Kuran St, Chermshire. For other activities, simply come along and pay on entry using cash or card.

Becoming a Member

You are required to be a member to attend our activities. Join at Reception, phone 3624 2121 or online at burniebrae.org.au/membership.

What to Bring

A water bottle and wear appropriate footwear and clothing for fitness and dance classes (i.e. workout wear/loose fit clothing).

Ukulele classes: own ukulele, music stand, green & grey songbook (see instructor).

Pilates/Yoga/Functional Fitness: yoga mat.

Core & Balance: yoga mat & resistance band.

Dance Classes: enclosed shoes preferred (no thongs/scuffs/sandals)

Art Class: art teacher will advise on supplies after you've attended your first class.

Activity Information

Learn more about each activity on our website: **burniebrae.org.au/activities** or join **Burnie Brae Buzz on Facebook**.

Centre Amenities

Free car parking, disability access, bathrooms, water bottle refill station and onsite café. First Aid Officers at the Centre on weekdays: 8am to 4pm.

MAIN HALL

60 Kuran Street, Chermshire

Our central activity space for most activities.

Rear Hall: card & board games (accessible via Café).

Activity Room - Main Hall: Technology lessons, Women's Friendship Group & Book Club (sometimes in rear hall, confirm at Reception).

CHERMSSIDE POOL

Aqua Aerobics Classes
375 Hamilton Rd, Chermshire

For questions or bookings:

Visit Reception - 60 Kuran St, Chermshire or call 3624 2121.

