

Activity Timetable

2026 - Version 3

| MONDAY | | | | WEDNESDAY | | |
|--|-------------------|---------|------|----------------------------------|------------------|------|
| Zumba | 7:30am - 8:30am | \$10 | | Zumba | 8am - 9am | \$10 |
| Art | 8:45am - 11am | \$15 | | Mahjong | 9am - 12pm | \$5 |
| Line Dancing | | | | Aqua Aerobics | 11:10am - 12pm | \$11 |
| <i>Totally new to line dancing? Start with Raw Beginners</i> | | | | <i>Arrive at 11am, cash only</i> | | |
| Beginners Easy | 8:45am - 9:40am | | \$10 | Canasta - Hand & Foot | 12:15pm - 3:30pm | \$5 |
| Beginners | 9:40am - 10:40am | | | Indoor Bowls | 1pm - 3pm | \$5 |
| Improvers | 10:40am - 11:40am | | | | | |
| <i>Raw Beginners</i> | | | | | | |
| <i>2 February - 23 March 2026</i> | 11:45am - 12:45pm | \$10 | | | | |
| Aqua Aerobics | 11:10am - 12pm | \$11 | | THURSDAY | | |
| <i>Arrive at 11am, cash only</i> | | | | Functional Fitness | 7am - 8am | |
| Mahjong | 12:30pm - 3:30pm | \$5 | | | 8am - 9am | \$10 |
| Standing Pilates | 1pm - 2pm | \$10 | | Carrom | 9am - 12pm | \$5 |
| Table Tennis | 3pm - 5:30pm | \$5 | | Bollywood Dance | 9:30am - 10:30am | \$15 |
| Clogging | 6pm - 9pm | \$10 | | Scrabble | 9:30am - 1pm | \$5 |
| TUESDAY | | | | Darts | 8:30am - 10:30am | Free |
| Fit Moves | 8am - 9am | \$10 | | Core & Balance | 11am - 12pm | \$10 |
| Cards: 500 | 9am - 12pm | \$5 | | <i>Latercomers not admitted</i> | | |
| Yoga | 9:15am - 10:15am | \$10 | | Table Tennis | 12:30pm - 3:30pm | \$5 |
| Craft & Chat | 9:30am - 12pm | \$5 | | Euchre - Cards | 12:30pm - 3:30pm | \$5 |
| Scrabble | 9:30am - 1pm | \$5 | | FRIDAY | | |
| Singing Group | 11am - 12pm | \$12.50 | | Matwork Pilates | 7:30am - 8:30am | \$15 |
| Choir | 12pm - 1pm | \$12.50 | | <i>Latecomers not admitted</i> | | |
| Cribbage | 12:30pm - 3:30pm | \$5 | | Indoor Bowls | 9am - 11:30am | \$5 |
| Canasta - Hand & Foot | 12:15pm - 3:30pm | \$5 | | Canasta - Hand & Foot | 10am - 2pm | \$5 |
| Ukulele | 1:30pm - 2:30pm | \$10 | | Aqua Aerobics | 11:10am - 12pm | \$11 |
| Jam Session & Lesson | | | | <i>Arrive at 11am, cash only</i> | | |

But wait... there's more!

| | | |
|--|--|------|
| Book Club 2nd Monday of each month | 10:30am - 12pm | \$5 |
| Women's Friendship Group Every 2nd & 4th Thursday of the month | 9:30am - 11am | \$5 |
| Friday Night Dance 2nd Friday of each month | 7pm - 10pm | \$10 |
| Sunday Dance 3rd Sunday of each month | 2pm - 5pm | \$10 |
| Technology Lessons Tuesday Wednesday Friday | Bookings required 1:30pm - 3:30pm 9am - 3pm 9am - 3pm | \$5 |



Subsidised Activities

If you're 65 or older, you could be eligible for discounted activities through My Aged Care!

Thanks to the Commonwealth Home Support Programme (CHSP), you can stay fit, social, and engaged while enjoying reduced-cost activities.*

**Available for instructor-led activities only—please confirm with us.*

Give us a call at **3624 2121** or visit our website burniebrae.org.au/socialsupport for more information.

How to Book

Bookings are only required for Tech Lessons. No bookings are required for other activities, simply come along and pay on entry using cash or card.

Becoming a Member

You are required to be a member to attend our activities. Join at Reception, phone 3624 2121 or online at burniebrae.org.au/membership.

What to Bring

A water bottle and wear appropriate footwear and clothing for fitness and dance classes (i.e. workout wear/loose fit clothing).

Ukulele classes: own ukulele, music stand & grey songbook.

Pilates/Yoga/Functional Fitness: yoga mat.

Core & Balance: yoga mat & resistance band.

Dance Classes: enclosed shoes preferred (no thongs/scuffs/sandals)

Art class: art teacher will advise on supplies after you've attended your first class.

Activity Information

Individual activity descriptions are available on our website: burniebrae.org.au/activities or join **Burnie Brae Buzz** on Facebook.

Centre Amenities

Free car parking, disability access, bathrooms, water bottle refill station and onsite café. First Aid Officers at the Centre on weekdays: 8am to 4pm.

LOCATIONS

MAIN HALL

60 Kuran Street, Chermside

Our central activity space for most activities.

Rear Hall: card & board games (accessible via Café).

Activity Room in Main Hall: Technology lessons, Women's Friendship Group Meeting & Book Club (alternate between here and the rear hall, confirm at Reception).

CHERMSIDE POOL

Aqua Aerobics Classes
375 Hamilton Rd, Chermside

For any questions, visit Burnie Brae Reception or call 3624 2121.

