

# Activity Timetable

Burnie Brae

2026 - Version 8

Timetable subject to change, please confirm on our website or at Reception.

MONDAY		
Zumba	7:30am - 8:30am	\$10
Art	8:45am - 11am	\$15
<b>Line Dancing</b>		
<i>Totally new to line dancing? Start with Raw Beginners</i>		
<i>Beginners Easy</i>	8:45am - 9:40am	
<i>Beginners</i>	9:40am - 10:40am	\$10
<i>Improvers</i>	10:40am - 11:40am	
<i>Raw Beginners</i>	11:45am - 12:45pm	\$10
<i>13 July - 31 August 2026</i>		
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Mahjong (currently full)	12:30pm - 3:30pm	\$5
Standing Pilates	1pm - 2pm	\$10
Table Tennis	3pm - 5:30pm	\$5
Clogging	6pm - 9pm	\$10
TUESDAY		
Fit Moves	8am - 9am	\$10
Cards: 500	9am - 12pm	\$5
Yoga	9:15am - 10:15am	\$10
Craft & Chat	9:30am - 12pm	\$5
Scrabble	9:30am - 1pm	\$5
Singing Group	11am - 12pm	\$12.50
Choir	12pm - 1pm	\$12.50
<i>Attend both for \$20</i>		
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Cribbage	12:30pm - 3:30pm	\$5
Ukulele	1:30pm - 2:30pm	\$10
Jam Session & Lesson		

WEDNESDAY		
Zumba	8am - 9am	\$10
Mahjong (currently full)	9am - 12pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Canasta - Hand & Foot	12:15pm - 3:30pm	\$5
Indoor Bowls	1pm - 3pm	\$5

THURSDAY		
Functional Fitness	7am - 8am	\$10
	8am - 9am	
Carrom	9am - 12pm	\$5
Bollywood Dance	9:30am - 10:30am	\$15
Scrabble	9:30am - 1pm	\$5
Darts	8:30am - 10:30am	Free
Core & Balance	10:50am - 11:50am	\$10
Table Tennis	12:30pm - 3:30pm	\$5
Euchre - Cards	12:30pm - 3:30pm	\$5

FRIDAY		
Mat/Standing Pilates	7:30am - 8:30am	\$15
Indoor Bowls	9am - 11:30am	\$5
Canasta - Hand & Foot	10am - 2pm	\$5
Aqua Aerobics	11:10am - 12pm	\$11
<i>Arrive at 11am, cash only</i>		
Qigong - Tai Chi	12pm - 1pm	\$10
Cards 500	12pm - 3:30pm	\$5
Square Dancing	1:30pm - 3:30pm	\$15

Burnie Brae

## But wait... there's more!

<b>Book Club</b> 2nd Monday of each month	10:30am - 12pm	\$5
<b>Women's Friendship Group</b> Every 2nd & 4th Thursday of the month	9:30am - 11am	\$5
<b>Friday Night Dance</b> 2nd Friday of each month	7pm - 10pm	\$10
<b>Sunday Dance</b> 3rd Sunday of each month	2pm - 5pm	\$10
<b>Technology Lessons</b> Tuesday Wednesday Friday	Bookings required 1:30pm - 3:30pm 9am - 3pm 9am - 3pm	\$5



### Subsidised Activities

If you're 65 or older, you could be eligible for discounted activities through My Aged Care!

Thanks to the Commonwealth Home Support Programme (CHSP), you can stay fit, social, and engaged while enjoying reduced-cost activities.\*

*\*Available for instructor-led activities only—please confirm with us.*

Give us a call at **3624 2121** or visit our website **[burniebrae.org.au/socialsupport](http://burniebrae.org.au/socialsupport)** for more information.

### How to Book

Bookings are only required for Tech Lessons. No bookings are required for other activities, simply come along and pay on entry using cash or card.

### Becoming a Member

You are required to be a member to attend our activities. Join at Reception, phone 3624 2121 or online at [burniebrae.org.au/membership](http://burniebrae.org.au/membership).

### What to Bring

A water bottle and wear appropriate footwear and clothing for fitness and dance classes (i.e. workout wear/loose fit clothing).

**Ukulele classes:** own ukulele, music stand, green & grey songbook (see instructor during session).

**Pilates/Yoga/Functional Fitness:** yoga mat.

**Core & Balance:** yoga mat & resistance band.

**Dance Classes:** enclosed shoes preferred (no thongs/scuffs/sandals)

**Art class:** art teacher will advise on supplies after you've attended your first class.

### Activity Information

Individual activity descriptions are available on our website: **[burniebrae.org.au/activities](http://burniebrae.org.au/activities)** or join **Burnie Brae Buzz on Facebook**.

### Centre Amenities

Free car parking, disability access, bathrooms, water bottle refill station and onsite café. First Aid Officers at the Centre on weekdays: 8am to 4pm.

## LOCATIONS

### MAIN HALL

**60 Kuran Street, Chermshire**

Our central activity space for most activities.

**Rear Hall:** card & board games (accessible via Café).

**Activity Room in Main Hall:** Technology lessons, Women's Friendship Group Meeting & Book Club (alternate between here and the rear hall, confirm at Reception).

### CHERMSIDE POOL

Aqua Aerobics Classes  
375 Hamilton Rd, Chermshire

**For any questions, visit Burnie Brae Reception or call 3624 2121.**

