

Club Respite

AUGUST ACTIVITY PROGRAM

MONDAY

WEEKLY ACTIVITIES

Exercises
Ladies Group
Bingo
Mystery Drive
Movie

SPECIAL EVENTS

- 7** BBQ
- 14** John Sophios 🎵
- 21** Cooking with Sandy
Digital Mentors
- 28** Craft with Deb

TUESDAY

WEEKLY ACTIVITIES

Exercises
Picnic in the Park
Sit Down Dance

SPECIAL EVENTS

Singalong with Mike
every Tuesday!



WEDNESDAY

WEEKLY ACTIVITIES

Exercises
Reading with Sue

SPECIAL EVENTS

- 2** Nora 🎵
- 9** Bruce Smith 🎵
- 23** Music Hall Melodies 🎵
- 30** Able2Rock 🎵



THURSDAY

WEEKLY ACTIVITIES

Exercises
Walk in the Park
Gardening
Craft with Deb

SPECIAL EVENTS

- 10** Able2Rock 🎵
- 17** Digital Mentors
Ekka Celebration



FRIDAY

WEEKLY ACTIVITIES

Exercises
Mens Group
Bingo
Darts Competition
Mystery Drive

SPECIAL EVENTS

- 4** Mini Golf &
Indoor Bowls
- 11** BBQ
- 18** Mick Melit 🎵
Digital Mentors
- 25** Woodwork

**GET
INVOLVED**

Contact us on
3624 2136, email
respite@burniebrae.org.au
or speak to a Respite
staff member.

ANNOUNCEMENTS

Club Respite is closed for the Ekka Public Holiday on
Wednesday 16 August.

Join us for an Ekka-inspired celebration on Thursday 17
August. Enjoy dagwood dogs, fairy floss, sideshow alley
games, and watch nostalgic Ekka videos!



OUT AND ABOUT

Club Respite Outings

TUESDAY

8am - 2pm (lunch included)

Lord Mayor's Concerts

1 August | Australian Piano Duo

Talented young pianists and vocalists perform popular classics and movie theme songs.

15 August | Swinging and Spinning

International celebrities perform your favourite swing and jazz classics from Sinatra to Bubl ,

29 August | Tribute to Frank Sinatra

The University of Queensland Big Band, a 22-piece ensemble, will perform a tribute to beloved singer, Frank Sinatra.

Movies

8 and 22 August

Watch the latest film at Stafford City Cinemas.

We will pick you up from your home and drop you back after we've shown you a great day out!



WEDNESDAY

8am - 2pm (lunch included)

Mystery Drives

2 and 30 August

Discover a new destination or travel through familiar haunts on our magical mystery drives around Brisbane and surrounds.

Last month we visited beautiful botanical gardens at Mount Coot-tha and...

Intergenerational Playdates

9 and 23 August

Our intergenerational playdate brings together the young and young at heart to enjoy activities, connection and friendship.



SATURDAY

Short Day: 8am - 11:30am

Long Day: 8am - 1pm (lunch included)

Aug 5 Woody Point

(short day)

Visit the relaxed, seaside beach located on the Redcliffe Peninsula. Stroll along the historical Woody Point Jetty and enjoy the ocean views.

Aug 12 Brisbane Motor Museum

(long day)

Take a trip back in time and see the captivating motor collections. You'll find everything from a classic Rolls Royce to an historic Offenhauser speedway car.



Aug 19 The Nurso

(short day)

Visit the one-of-a-kind garden centre, located in Chandler on Brisbane's Southside. Discover the range of indoor and outdoor plants, pots and unique homewares.

Aug 26 Op Shopping

(long day)

Shop for hidden treasures and unique items at affordable prices. You never know what hidden gems you may find!